



# KIDS' SIZING GUIDE

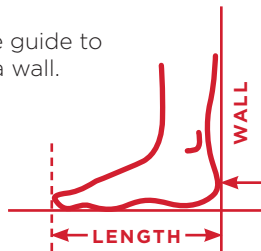
For the right fit, print at "100% scale" (uncheck "page scaling").

If a **credit card** fits in this box between the outlines, your print scale is **correct**.

	length	width	date
left			
right			

## LENGTH

1. Cut out width ruler and set aside. Tape size guide to a hard floor with the curved line touching a wall.
2. Place one foot on the length ruler, aligning heel with curved line.
3. Mark the first visible line past longest toe with pencil.
4. Record measurement and repeat for other foot.



## WIDTH

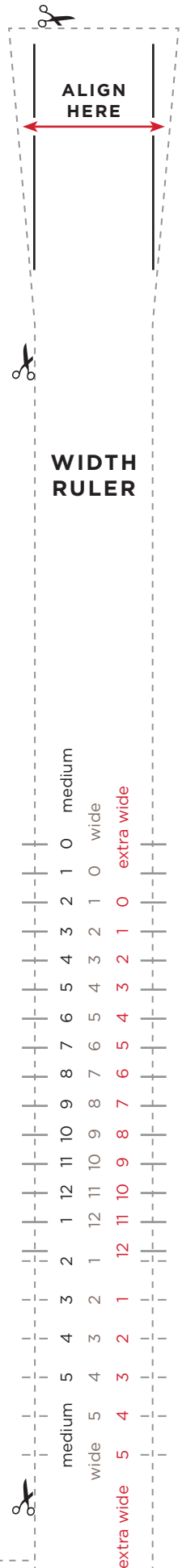
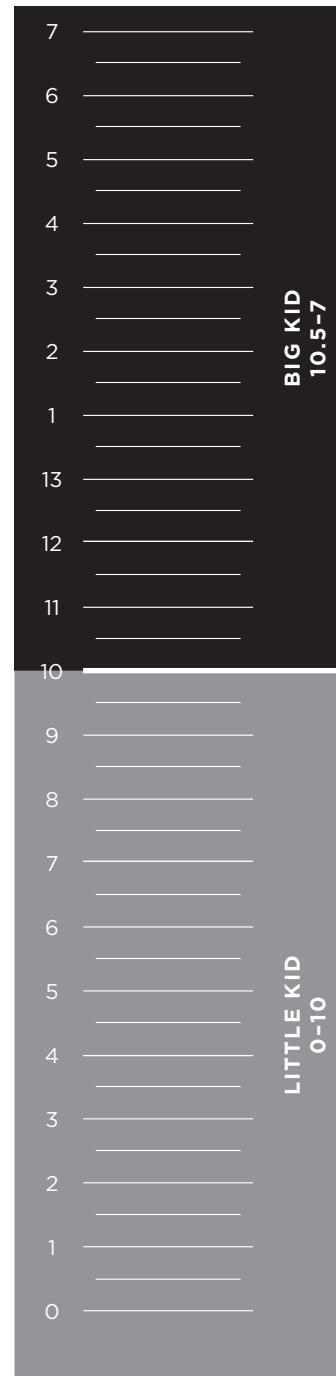
1. With child standing, wrap the width ruler around the widest part of the foot.
2. Mark the line that meets the arrows  $\longleftrightarrow$  with a pencil. Ensure you mark the side closest to the ankle.
3. Determine where your child's length measurement falls within that line.  
For instance, if your child's length is 7:
  - » If arrows align with the **7**, the width is **medium**.
  - » If arrows align with the **7**, the width is **wide**.
  - » If arrows align with the **7**, the width is **extra wide**.
4. Record each foot's width.



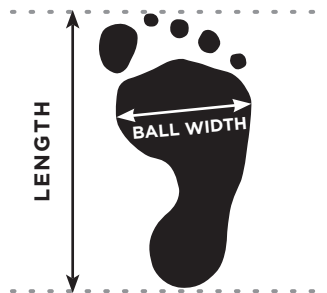
**Note:** If your child's feet are two different sizes, choose the larger one. If your child is between widths, use the wider one.

## DID YOU KNOW?

A child's foot can grow up to a half size every three months, so be sure to re-measure every two months.



## LENGTH RULER



medium 5 4 3 2 1 12 11 10 9 8 7 6 5 4 3 2 1 0 wide  
 wide 5 4 3 2 1 12 11 10 9 8 7 6 5 4 3 2 1 0 extra wide  
 extra wide 5 4 3 2 1 12 11 10 9 8 7 6 5 4 3 2 1 0